



## FREE TRADING MODEL INSTRUCTIONS

This Excel trading model is designed to capture big trend / momentum trades using a simple combination of 2 moving averages, Relative Strength Index (RSI) and a breakout trigger.

The model tends to work best in trending markets. You should use it as a tool to help make trade decisions and research different securities that might be a fit for this type of strategy.

### Trading Rules

- All trades are long-only. No short trades are signaled.
- BUY when 5 period moving average is greater than 30 period moving average and 14 period RSI is greater than 60 and close is greater than the highest high of the previous 10 bars.
- EXIT when the 5 period moving average crosses under the 30 period moving average, or RSI drops below 60.

### Follow these steps to use the model:

- 1) Find a source of Date-Open-High-Low-Close data to download in csv, txt or Excel format. For stocks you can use Yahoo Finance. For commodities see PiFin. Forex data can be found at HistData.com or other sources.
- 2) Go to the CALCULATIONS worksheet and clear the contents (DO NOT DELETE!) in cells A4:E1000.
- 3) Copy-paste up to 1000 rows of price data into cells A4:E1000. Make sure your data is adjusted for splits, dividends and zero values. The model needs clean data.
- 4) Enter your Starting Equity and security identifier in PERFORMANCE sheet cells C6:C7.
- 5) Check the trade signals in column P of the CALCULATIONS sheet.
- 6) Review the performance statistics and charts in the PERFORMANCE sheet. Format the charts if necessary to display the equity performance curve.

### Helpful hints:

- You can test different RSI threshold values by changing CALCULATIONS sheet cell N2
- You can automate data import with an Excel DDE link from your broker or our [Yahoo Finance Price Importer for Excel](#).
- Learn how to build fully automated trading systems in Excel or access other trading models here: <https://exceltradingmodels.com/shop/>