

# SUPPLY & DEMAND

REFINEDFX

- Supply refers to selling price so a supply zone is essentially a zone where you are looking to sell price at.
- Demand refers to buying price so a demand zone is essentially a zone where you are looking to buy price at.
- When drawing a supply and demand zone I look at the last orderblock before a break of structure.
- For a supply or demand zone to be valid the move from this zone must break previous market structure.
- The supply & demand zones I look at are at the extremes of the range so if I am looking at selling, the supply zone will have to be at premium and if I am looking at buying, the demand zone will have to be at discount.



# HOW DO YOU DRAW THESE?

## SUPPLY ZONES

- The way I draw supply zones is by first looking at where the supply originated from. Now you might be thinking that this is always the orderblock however this is not always the case. In the scenarios where the wick to the left of the orderblock is higher than the orderblock's wick, where would you say the supply came from? That's right the wick to the left.
- So now we know what to use for the high. What do we use for the low? Now this is where I draw supply zones differently to other traders. I will use the candle to the right of the orderblock if the body is of suitable size and larger than the orderblock. Now you might be asking yourself why do you do this Harry? This is because in my trading and backtesting this is what works best for me in terms of getting tapped into the trade and still having good risk to reward.

## DEMAND ZONES

- The way I draw demand zones is by first looking at where the demand originated from. Now you might be thinking that this is always the orderblock however this is not always the case. In the scenarios where the wick to the left of the orderblock is lower than the orderblock's wick, where would you say the demand came from? That's right the wick to the left.
- So now we know what to use for the low. What do we use for the high? Now this is where I draw demand zones differently to other traders. I will use the candle to the right of the orderblock if the body is of suitable size and larger than the orderblock. Now you might be asking yourself why do you do this Harry? This is because in my trading and backtesting this is what works best for me in terms of getting tapped into the trade and still having a good risk to reward.

# HOW DO YOU DRAW SUPPLY ZONES?

1. Where did the supply originate from? The wick to the left of the orderblock or the orderblock?
2. Where is the low of the supply zone? Are you using the orderblock low or are you using the candle low to the right of the orderblock?
3. Has price broke previous market structure? So has there been a clear candle body close below this level?
4. Is this supply zone fresh? So has price already came back and tested this?





# HOW DO YOU DRAW DEMAND ZONES?

1. Where did the demand originate from? The wick to the left of the orderblock or the orderblock?
2. Where is the high of the demand zone? Are you using the orderblock high or are you using the candle high to the right of the orderblock?
3. Has price broke previous market structure? So has there been a clear candle body close below this level?
4. Is this demand zone fresh? So has price already came back and tested this?





# SUPPLY ZONE



British Pound / U.S. Dollar - 1 - FXCM ● 01.36568 H1.36568 L1.36560 C1.36561 -0.00007 (-0.01%)

Vol

# SUPPLY ZONE



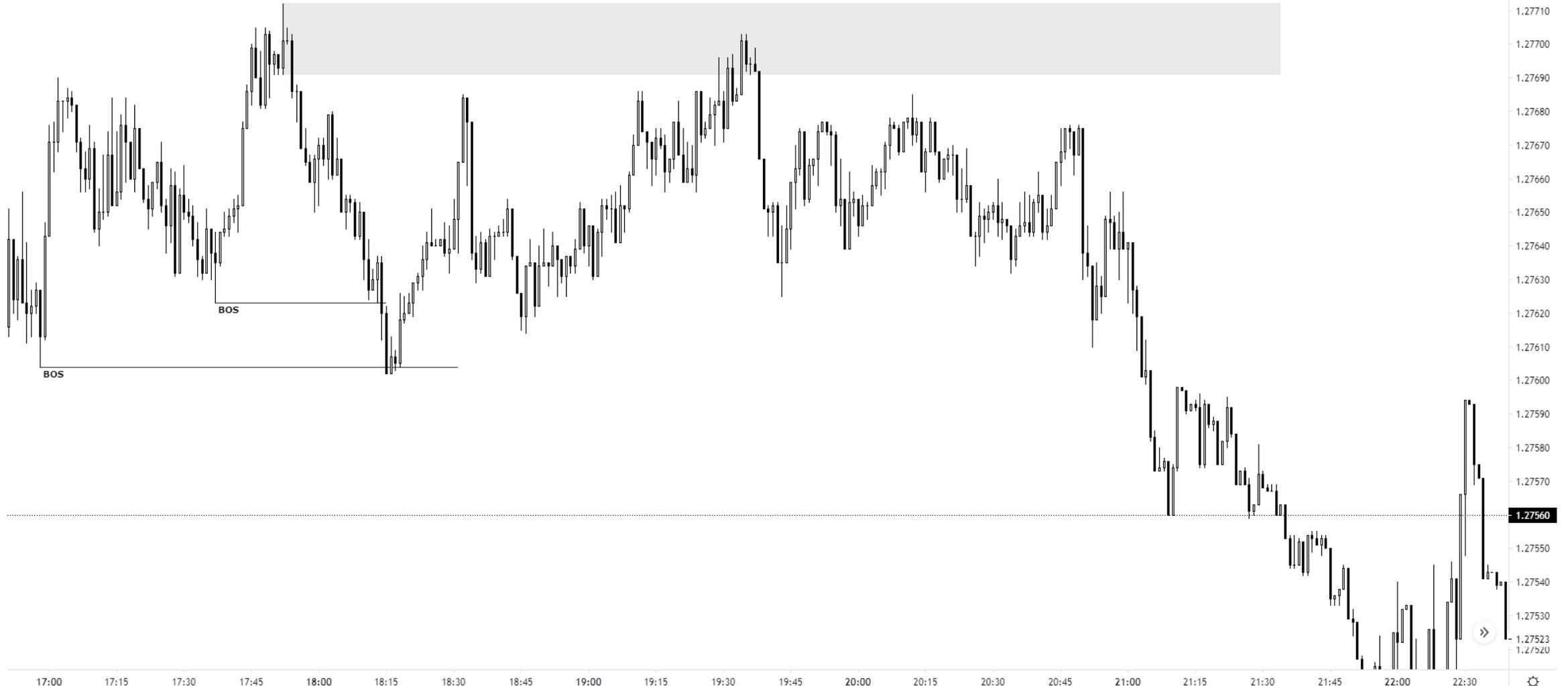
1D 5D 1M 3M 6M YTD 1Y 5Y All

15:13:48 (UTC) | % log auto

U.S. Dollar / Canadian Dollar - 1 - FXCM ● 01.27570 H1.27570 L1.27560 C1.27560 -0.00010 (-0.01%)

Vol

# SUPPLY ZONE



1D 5D 1M 3M 6M YTD 1Y 5Y All

15:16:53 (UTC) | % log auto

# DEMAND ZONE



British Pound / U.S. Dollar - 1 - FXCM ● O1.36568 H1.36568 L1.36560 C1.36561 -0.00007 (-0.01%)

Vol

# DEMAND ZONE



07:00 07:30 08:00 08:30 09:00 09:30 10:00 10:30 11:00 11:30 12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 17:00

1D 5D 1M 3M 6M YTD 1Y 5Y All

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# DEMAND ZONE



CAD

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1.28680  
1.28660  
1.28640  
1.28618  
1.28600  
1.28580  
1.28560  
1.28540  
1.28520  
1.28500  
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1.28260

15:30 15:45 16:00 16:15 16:30 16:45 17:00 17:15 17:30 17:45 18:00 18:15 18:30 18:45 19:00 19:15 19:30 19:45 20:00 20:15

1D 5D 1M 3M 6M YTD 1Y 5Y All

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