

dove_alliance :

The object of creating a trading plan is to take you into the moment of pulling the trigger. It is a mind set of knowing the pair you are trading and looking into the future. It does not matter what session you trade; may it be Tokyo, London, or the USD in a 24 hour period. You create one trading plan for a 24 hour period. If you miss your target then you adjust your trading plan for a new target. If you try to create a new trading plan during that 24 hour period you will only magnify the risk of losing on that new plan. The reason is because you had already contemplate a target and generating a new plan will offset your mindset of what is really happening within your original trading plan. You have to keep in mind every 24 hours there is new data from 17:00 EST to 17:00 the next day.

I trade the Tokyo session for many reasons but does not mean you have to do the same. The benefits I gain with Tokyo is:

- 1 - New data
- 2 - The trend is set.
- 3 - Minimal economic news.
- 4 - Risk factor is minimal.
- 5 - My target is hit within 4 hours of my plan

If you trade during London or USD then you need to really be aware of the economic news and the trend. If you miss your trade then let it go until the next day. Trying to fight the releases is not worth the risk.



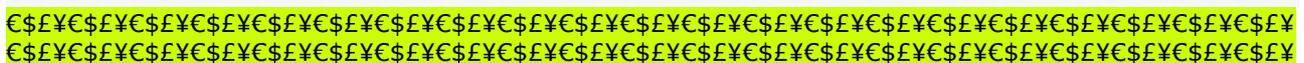
dove_alliance :

With this post I am going to reference the traders that had made an entry after 17:00 ET yesterday; going either long or short.

When you pull the trigger - you do so in the moment. In the moment means all three charts are responding to that moment. That includes the Daily Chart. What everyone had missed when they pulled the trigger is what was going on with the Daily. You had a full blown uptrend on both the H1 and H2 with the Daily in a perfect consolidation with White crossing Purple following Smooth as Support, EMA as resistance, ROMAR as resistance crossing EMA; and then the stopper for the uptrend which is the Daily Parabolic.

On the H2 you have both ROMAR and the Parabolic as Support. And when you had entered between the Daily Parabolic Resistance and the H2 Parabolic Support you had less than 40 pips for profit with the H2 ROMAR holding support until the breakout. Because the trend is up on the H2 the breakout is going north; provided the H2 Parabolic doesn't flip in this consolidation. The Daily is a 24 hour candle and you just don't mess with the Daily in this kind of situation. When you pulled the trigger both Support and Resistance had total control leaving you in the twilight zone.

As I have said many times - DO NOT TRADE AGAINST THE TREND. Even in consolidation there is a trend and the H2 will show the trend. You traders were pulling the trigger at resistance instead of support. All because of 'thinking' instead of visualizing. And that is what creating a trading plan is all about; seeing and not thinking.



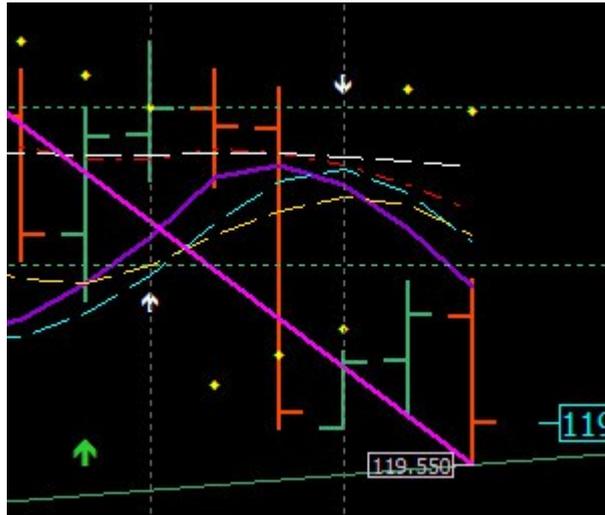
shinny:

Quoting pipon

If Im not wrong, look at the entry pic at post 8,127. purple just crossed white (went below it) so parabolics are cancelled as support. As for the MACD , you are right. I just figured I cant wait until ALL indicators are with me, but lets see what Shinny is saying. Maybe I'm wrong...

Hello Pipon

Lets start with a snippet of the Daily chart:



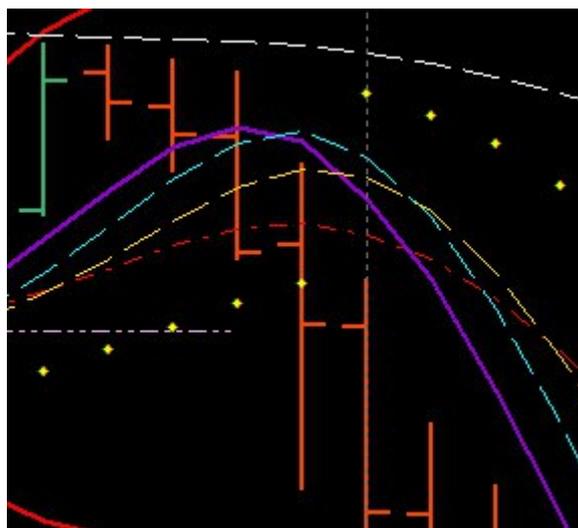
We had the break south out of tight consolidation, with fresh PSAR momentum. As usually happens after a big drop down, the market consolidated to Purple (which is where Elflaco and myself found our entry). So you know the Daily is with you in fresh momentum and the 4 horsemen.

Lets look at the 2hr chart (snippet):



The 2hr had been in a very tight range, with Purple, Smooth and EMA crisscrossing over and under each other, just like spaghetti, in a tight range. The rule is that in consolidation you trade from the top down and bottom up, but the market was in a 34 pip range for 24 hrs.

1hr Chart:



Finally the 1hr chart shows a hit on the upper BB (not in itself tradeable but worth noting) but then also a test or ROMAR resistance (Daily Purple same level). On your entry, 1hr Smooth and Purple had crossed and PSAR was flipping down.

shinny:

Hello Traders

I just thought I would do a post to illustrate a very important concept with the Paradox - having Faith in the system.

Trust in The Paradox:

Yesterday and this morning I pulled up some charts and saw a great situation which illustrates both the power of The Paradox and also that you should trust in it, once you understand it.

Firstly, here is a Daily chart (snippet) of EURUSD showing a downtrend:



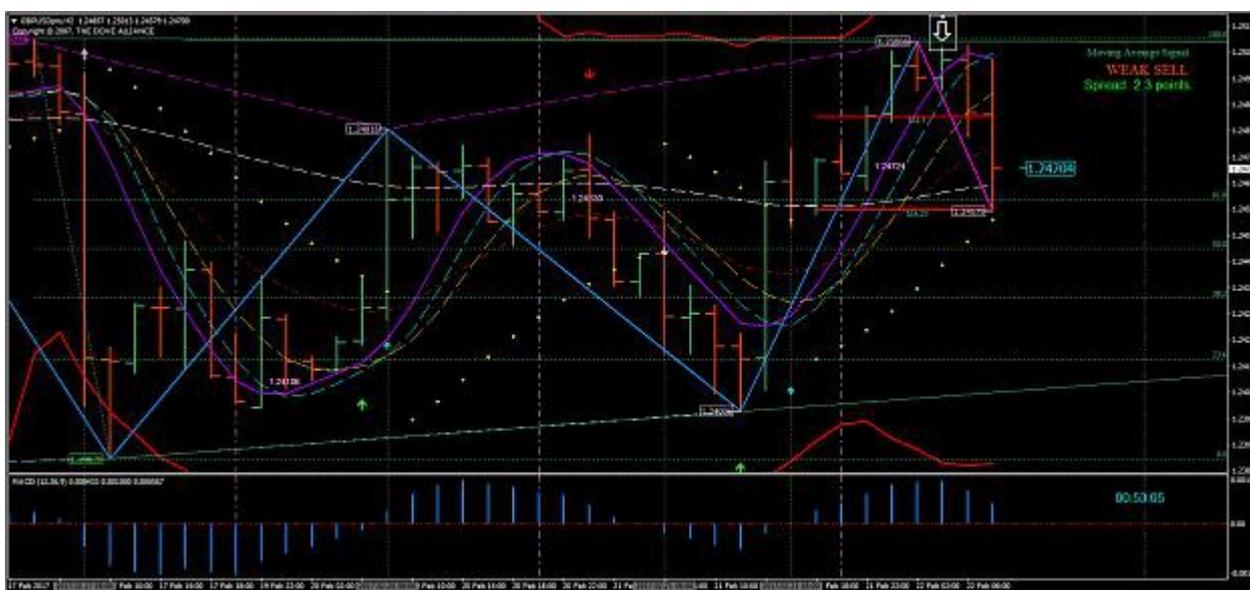
Now here is the 2hr with my entry:



And here is a Daily chart of GBPUSD showing a downtrend Consolidation:



And finally, a 2hr chart showing my entry (this time from the top down, remember?!):



You might be asking what is the point of this post? The point here is that we have three highly correlated pairs each doing a different thing at the same time; effectively showing us three different scenarios of the Paradox at the same time. I think that's pretty incredible and proves the power of this system.

The other point of this post is to show you that you must have trust, or faith, in the system. Once you have studied hard, and some time has gone by, and you understand the system, you will also believe in the power of the Paradox.

I have noticed that many of you struggle in Consolidation; but you need not do so. As Dana has stated many, many times, he enjoys trading consolidation because you only have to let the system do its work, and I 100% agree with him. And eventually you all will too if you stick at it and work hard. Your biggest barrier to success is time - the more time you spend studying this system and watching and trading it, the closer you will be to understanding it and being successful with it.

Forgive me for posting charts from other pairs, I don't normally, but this was an exceptional situation too good to miss.

Rules for Support and Resistance:

- a: ROMAR is the Major Support and Resistance for any chart.
- b: EMA is Support and Resistance for the 4 Horsemen and used for cycles.
- c: Daily ROMAR is the Major Support and Resistance for the complete system.
- d: The 4 horsemen are support for an uptrend and Resistance for a downtrend.

Rules for determining consolidation:

- a: All 3 charts determines consolidation. If one of the 3 charts is not in sync you are in consolidation.
- b: If ROMAR, EMA are opposite of one another on any chart you are in consolidation.
- c: White crossing Purple on any chart places the whole system in consolidation and setting up for a reversal, a swing for a new cycle, ranging, or sideways consolidation.
- d: If the Parabolic's on any chart is opposite of the other charts you are in consolidation.

Study these rules and it may help you.

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I may have posted this once - but I will post it again as a reminder:

Biasness: (Objective vs. Subjective)

Let me take this time and talk about being objective vs. being subjective.

Objective:

- A: based on facts rather than feelings or opinions: not influenced by feelings.
- B: expressing or dealing with facts or conditions as perceived without distortion by personal feelings, prejudices, or interpretations.
- C: limited to choices of fixed alternatives and reducing subjective factors to a minimum.

Subjective:

- A: of, relating to, or characteristic of one that is a subject especially in lack of freedom of action or in submissiveness.
- B: characteristic of or belonging to reality as perceived rather than as independent of mind.
- C: arising out of or identified by means of one's perception of one's own states and processes.
- D: lacking in reality or substance.

There is a fine line between the both. Being subjective is taking something that "is" and turning which "is" into what defines truth. And your reasoning is because of the way you think. You cannot take what "is" into anything else, because what "is" belongs to the fact of "truth". And if you stay within the fact of truth then you are being objective and new doors are being open into a realm of a thought process you had not experience in the past. Being objective is also being totally opened minded with what "IS". If you are not open minded then what "if" becomes a delusion.

Being bias means you are also subjective and not open minded. Being bias defines the difference between a winner and a loser. This is the main reason traders blows accounts after accounts and it makes no difference if you are Bull or a Bear.

You have to trade objectively and NEVER in a state of biasness. If you are bias then you are not able to see the opposite.

For the last 3 or more years this market with all pairs has been in a state of ranging; higher highs and lower lows. And if you are losing your money then it is time to check for the reasons why.

Being bias is planting a seed that will harvest what you sowed. It is the same with fear; fear is an acronym for False Evidence Appearing Real. Understand this - fear is a lie. Fear will bring thoughts like, "What if you fail? What are other people going to think? You don't have what it takes." Fear will do its best in trying to convince us to shrink back and stay where we are. Fear is a spirit. It plays on our emotions in taking control of our instincts without gaining any knowledge.

Mar 8, 2017 – pg 423

shinny:

Quoting jakdan

Self Evaluation: well well well, that's 3 different divergence trends I have failed on miserably need to get my head round this more than anything else. went short at smooth as per plan as that is what I was seeing, albeit against the 2 hr Romar (1st mistake) also the Divergence and everything else @100 fibo. confluence on 1 hr and 2 hr but obviously not enough against the divergence and 2 hr romar. to be fair I could have exited at almost BE 5 mins before due to news but didn't as this will stick in the head more. screen shot...

Hello Jakdan

Ok, lets start with the Daily. What is it telling you?

The 2hr Fib was flipping and you should have noticed that it was going to. The market had hit major support, and EMA was still above ROMAR on the 2hr. So this was a fib cycle down on the 2hr, at which point the market would return again to follow the Daily up. The other scenario here, and its still a possibility, is the usual battle with Daily ROMAR/EMA.

The absolute best and safest entry here was the either the close in the 2hr BB (a bar that also went through 2hr ROMAR, DB/SAR was attached, and also Divergence) or the following positive bar after it. Bear in mind that although 2hr ROMAR is close it is still acting as support (hence why your entry was bad), the major thing here was the Daily ROMAR as Resistance, so room had to be left to trade up to it.

Your 2hr will take you in and out with Cycles, either back into the Daily trend, or retraces counter trend (putting you in consolidation).

Your mixing up when to use the SAR as an entry, but luckily for you it isn't difficult for you to fix. Your SAR entry was yesterday, to trigger the divergence and trade down to the 2hr ROMAR, at which point your getting close to the 2hr Fib flipping back for the up.

Be very careful about trading divergence, after the first SAR entry, in consolidation, especially when your hitting ROMAR, and also closing in the BB. There was a 100% chance that this market was heading back up, keep going and trying and you will realise and understand.

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The SAR yesterday:

I didn't trade Monday (travelling) or yesterday, but would I have taken that trade? The main negative is the Daily ROMAR. Some of you have mentioned that the market just stopped - but nobody has mentioned that the Daily ROMAR was the reason.

Almost a month to the day, we had a similar situation with the Daily. ROMAR and EMA have a love/hate relationship with each other, they need each other but when they get too close for too long they fight it!

Regards the SAR yesterday, its not a great trade, because of the situation on the Daily. There were some confluence factors however, someone mentioned the 1hr BB, with them been so tight there was going to be a break somewhere. With the Fib situation on the 2hr, plus the divergence and the SAR, that break was likely to be south to set up a move back up. The market has been very tight all this week. It wasn't the best example of when to use a SAR, but there you go. If you didn't get involved in that market - then I don't think that's a bad idea. Its been tight and you need to get your entries spot on to make profit.

Always remember the Daily, and particularly how messy things can get when ROMAR/EMA are close to one another. The best S/R in these situations is the one's on the outer extremes of the market - the BB's. They are always going to be the top or bottom at the extremes in consolidation, so you know that your buying or selling at a good area. As mentioned before, a 1hr BB hit isn't enough to initiate a trade, but it can add to your confluence factors.

Mar 11, 2017 - pg 426

dove_alliance :

After I have done my share of studying each trader's postings with trading plans - I am finding most are still lacking in how support and resistance works with the Paradox. The problem is not recognizing the support/resistance on trading plans; the problem is executing the process of S/R. I can understand this very well due to past history. Support and Resistance for most traders concerning is to do with Highs, Lows, PA, S/R in past History, and various other S/R's. So - the S/R's with the Paradox could be completely out of everyone's league.

Lets start with ROMAR/EMA - your two main Support and Resistance for the Paradox.

ROMAR crossing EMA changes both EMA and ROMAR support/resistance. If ROMAR crosses EMA from below with ROMAR/EMA being support at the crossing; you then have an automatic change from support to resistance for both ROMAR and EMA and vice-versa. Now - lets stop here and try to imagine this.

If You have ROMAR as support with EMA above Support means EMA is also Support.

If you have ROMAR as Resistance with EMA below ROMAR means EMA is also Resistance.

The problem most are having is connecting the dots with ROMAR and EMA. This scenario is very crucial in consolidation when you have both ROMAR/EMA in a tight squeeze going sideways. In this scenario is when you get into the Ranging mode with EMA crossing Purple for the swings. In an uptrend you have ROMAR sliding under EMA support in swings. For a downtrend you have ROMAR sliding over EMA resistance in swings.

There are times you will have ROMAR/EMA at purple - lets say both are support - First you have EMA crossing Purple which changes EMA to resistance and here is the problem - EMA is only resistance for the 4 horsemen and not resistance with ROMAR. EMA is still Support with ROMAR until the crossings. This means ROMAR is still support, can, and will, slide under EMA to hold EMA as Support and vice-versa.

Now - lets say you have a 100+ pips between EMA Support and ROMAR support; and you have EMA swinging into a downtrend with the 4 Horsemen. What do you have? You have an EMA consolidation against the ROMAR trend. You also have EMA being both Support and Resistance: Support with ROMAR and Resistance with the 4 Horsemen.

Lets move on with EMA/Parabolic

90% of the time when EMA touches Purple the Parabolic will flip. The other 10% is on the next open candle. If the Parabolic flips and EMA crosses Purple from Resistance and becomes Support - with ROMAR as resistance; and 20 - 30 pips from the EMA crossing - then you better believe in ROMAR. It will hold Resistance.

If you have ROMAR as Support; EMA as Resistance with the 4 Horsemen as a resistance; then believe in the Parabolic - it will hold Resistance. And believe in ROMAR as it will hold support. This scenario usually represent a sideways move jumping between support and resistance until a breakout. The best way to recognize a breakout is with ROMAR crossing Purple with a Parabolic flip. If the Parabolic doesn't flip then be careful.

Lets move on with ROMAR/Parabolic.

The beginning of your trading plan starts with ROMAR - EMA - and Parabolic.

Daily:
ROMAR -
EMA -
PSAR -

Notes:

2 HR:
ROMAR -
EMA -
PSAR -

Notes:

1 HR:
ROMAR -
EMA -
PSAR -

Notes:**Final Notes:**

Why is this so important? It is important because the 3 charts will tell you exactly where the trend is for one; and secondly if the market is in consolidation.

Let's take Friday's open 17:00 candle.

Daily:
ROMAR - Support
EMA - Support
PSAR - Support

Notes: The trend is up

2 HR:
ROMAR - Support
EMA - Support
PSAR - Support

Notes: The trend is up

1 HR:
ROMAR - Support
EMA - Support
PSAR - Support

Notes: The trend is up

Final Notes: All three charts are in the uptrend. Entry long with the open 17:00 candle.

With this trend accounting what do you see? What I see is a total and complete full blown uptrend. This also means I just pick a bar on the downside and pull the trigger and then walk away.

Lets go back to Wednesday of last week with the 17:00 est bar:

Daily:
ROMAR - Crossed Purple heading for EMA: ROMAR holding both S/R
EMA - Support
PSAR - Support

Notes: Parabolic is up.

2 HR:
ROMAR - Support
EMA - Support in a slider below Smooth
PSAR - Support

Notes: Parabolic is up.

1 HR:
ROMAR - Support
EMA - At Purple for a crossing for resistance.
PSAR - Resistance

Notes: Parabolic is down.

They do not belong on the H1 chart. Once you have made your entry off the H1 - then you no longer need the H1 for reference.

Once the SAR attaches on the H2 is letting you know the next attachment is on the upside with the Parabolic for entry back into the downtrend. And you wait on the SAR to attach with the Parabolic. Do not counter trade the trend.

Once the SAR is attached the trend is moving downward - both the DB and SAR will attached on the bottom for ending the trend. If you caught the SAR with the Parabolic then you will not see negative on your account after profit - even with the retraces.

If you get a hit on the Parabolic without the SAR is still entry back into the trend. What this is telling you that the DB will lay over the SAR and continue the trend from lower bar to lower bar with the DB showing and the SAR under the DB.

If ROMAR is support and the DB/SAR are resistance then ROMAR is your target. If ROMAR is Resistance with the DB/SAR then the trend will continue on.

On an uptrend just reverse everything.

In ranging mode the SAR will detached from the DB and will move from low to high and vice-versa until the DB attaches with the SAR. If the DB is on the topside then the DB will attach with the SAR on the bottom and vice-versa.

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Mar 16, 2017 - pg 431

shinny:

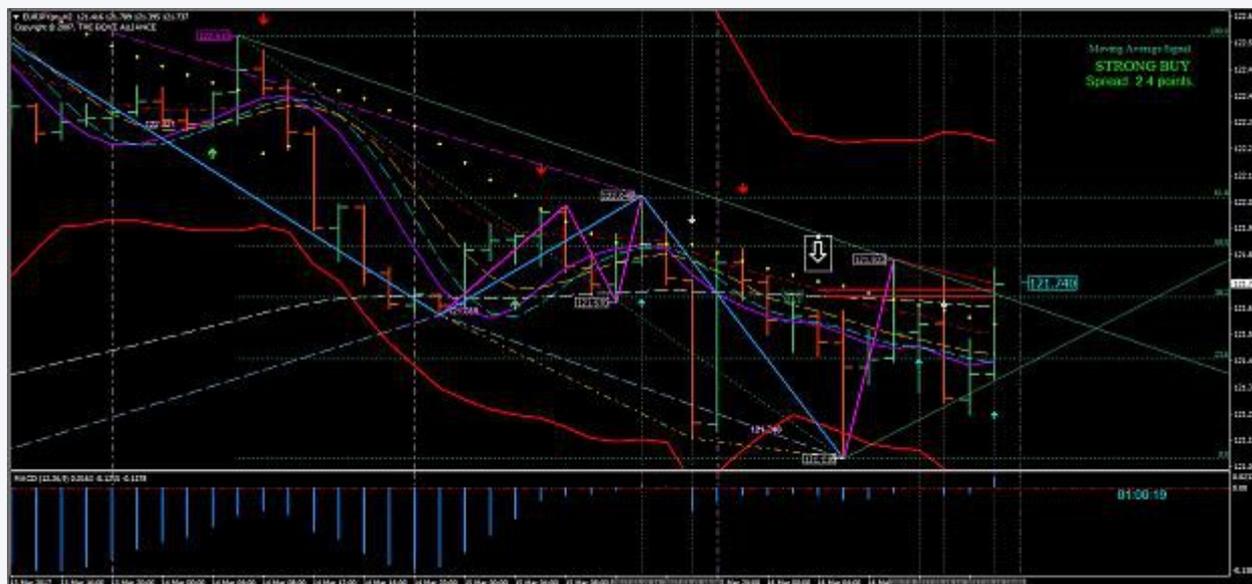
Hello Traders

I thought I would share my entry with you today.

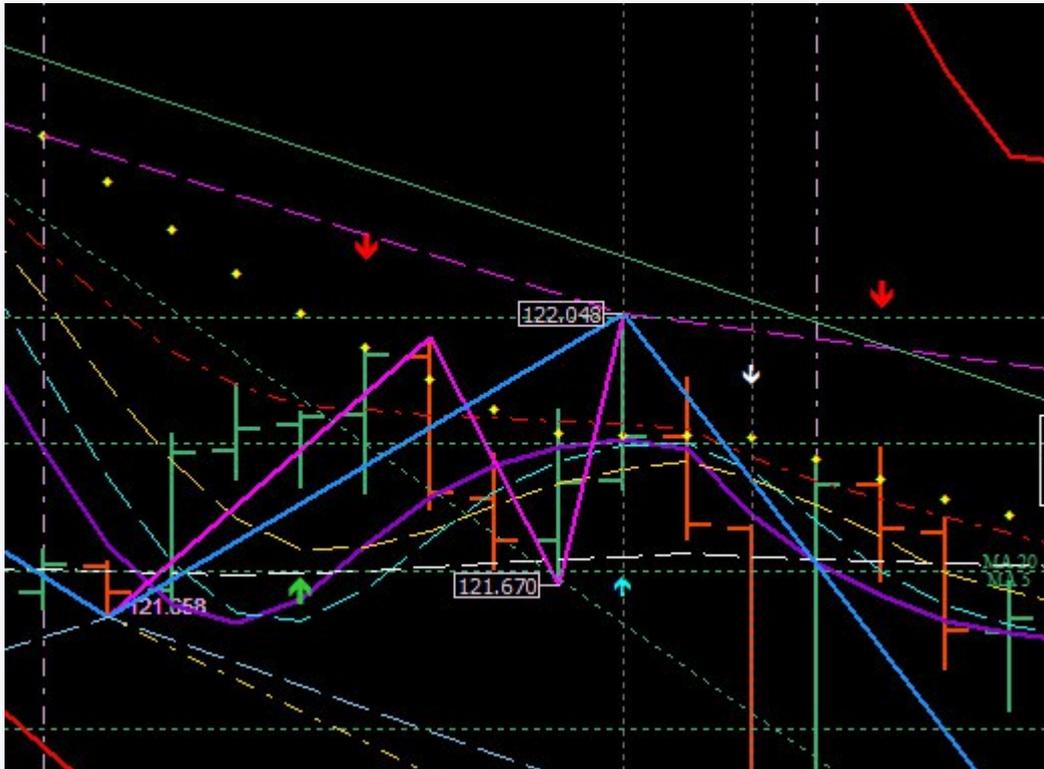
I entered on the open bar with the arrow after the retracement to smooth. I hope that that trade is self explanatory? I was also going to enter after that, with a long trade, after the market pierced the Lower BB, but I wasn't 100% happy with the distance from the entry to the 2hr ROMAR. The long would have tied in nicely with the Daily, in fact the close of that 2hr bar was right on the Daily EMA.

After that we got the SAR which has now just switched over to the current candle and will likely switch to the DB with Magenta on top and confirm a new upward swing.

Just looked and its just done that lol



When you see this pattern:



The market will make a new high/low, and usually it will pierce the outer BB. You will then get the SAR at the PSAR and the market will move up/down opposite to the SAR, but it will then move back up/down past the SAR and the DB and Magenta or Light Sky Blue will attach, confirming the new trend. This is how reversals or deeper pullbacks usually work - so watch out for them. Always look at the divergences, fib, Daily S/R for turning points and make sure you check the Daily, as today the SAR is attached on the Daily, and what does that mean? It means the Daily is at least going up to flip the 2hr fib back down, and the Daily will either surpass the previous high at which point you will notice the DB/SAR will look different, like this form example:



Or it will fail at the previous high or before and then move back down and change the previous SAR to the DB and Light Sky Blue for a trip downstairs.

When the DB is running on its own like it is now on the 2hr, and going back into the trend, you never, ever trade against it, because it can and will go to the moon.

As soon as I stopped over-analyzing trade setups and trying to make them work, my profit curve started to rise. Now I spend maybe 20 minutes per day looking at my charts; after my plan had been created by using my EDGE. As counter-intuitive as it may seem, learning to not try as hard was one of the things that completely changed my trading career for the better. Learn to trust your intuition and stop second guessing yourself and the system in which you had created your trading plan from.

There aren't many guarantees in the Forex market. But one guarantee I can make without a shadow of a doubt is that there's no successful Forex trader who is trading today for money he needs tomorrow. In other words, trading Forex to gain a certain amount of money within a specific period of time.

I'm not saying that you can't generate the majority (if not all) of your income from trading and do it full time. I would be contradicting myself if I made that statement. What I am saying is that no successful trader needs a win today to pay the electric bill tomorrow. No trader can sustain that kind of pressure and become consistently profitable. That kind of environment will only foster destructive emotions like fear and greed. Always have a mindset of a full month of profitable trading before even thinking of paying bills.

You must always have a mindset of walking away after a trade. This is because our emotions are running wild and often get the best of us. But that's exactly why walking away at this time can be beneficial.

After a win we're feeling good about ourselves and our trading strategy. It feels like things are finally starting to click. Walking away at this time can feel like walking away from the TV after your favorite sports team just scored. But walking away at this time might be exactly what you need.

Taking a break after a win will allow your emotions to settle. After the win you're feeling excited and proud of yourself, and you have every right to be. But pride and excitement have no place in the Forex market. It is always the best to walk away until the next day.

So the next time you have a winning trade, pat yourself on the back and then walk away. By the time you come back to your trading desk, the next day, your emotions will be under control and you'll be ready to approach the market in a neutral state of mind.

What do you do immediately following a loss? I can't speak for you, but I know what I used to do. I would immediately start going through all my charts looking for a new setup. This is a trap!

If you're doing this it means your emotions are getting the best of you. After a loss it's far too easy to feel as though you need to win your money back.

Instead of seeing a loss as a reason to hop back in the market, take it as a signal to look at what you could have done differently. Remember, it's just feedback.

So why is the failure rate so high for Forex traders?

Simply put, most traders haven't yet learned how to lose. Our emotions will always try to outweigh our logic after a loss; it's human nature. The key to becoming successful isn't about eliminating emotions after a loss, it's about channeling them in a way that will make you a better trader.

The successful trader knows this, and has learned how to control these emotions. Often times the process of controlling these emotions begins with walking away to take a break until the next day so the emotions can be calm.

One thing I've found helpful after a trade is to close my trading platform until the next day opening at 17:00 New York time. This is when I do the bulk of my analysis since I trade the daily time frame. So it just makes sense to take a breather until then.

It's a really simple, yet extremely helpful way of controlling your emotions. Although it's simple, you'll likely find walking away after a trade to be one of the hardest changes you've had to make to the way you trade. But trust me when I tell you that it can have a drastic effect on your consistency and put you one step closer to becoming a successful trader.

You must remain consistent with a mindset of "never giving up".

Apr 3, 2017 - pg 444

Hendo

Hello fellow traders, here is last nights trade plan and screen shot. I stayed up and carried my trade plan into the London session. I couldn't get the screen shot on entry because I placed the trade from my lap top in another room as to not wake my wife, then went back to sleep.

Session Sydney: EUR - JPY 4/2/2017

Daily: 67 pips below Purple.

ROMAR: Resistance

EMA: Resistance

Parabolic: Resistance

Notes: Four Horsemen down. DB / SAR / DIVERGENCE attach for the up. FIBO down.

H1

ROMAR: Resistance

EMA: Resistance

Parabolic: Resistance

Notes: Four Horsemen steep down. Trend EMA arrow down. MACD zero cross arrow down. MA cross over arrow down. FIBO up.

H2

ROMAR: Resistance

EMA: Resistance

Parabolic: Resistance

Notes: Four Horsemen steep down. DB / SAR / DIVERGENCE attach for the up. Trend EMA arrow down. MACD zero cross arrow down. FIBO up.

FINAL NOTES: H1, H2, Daily in sync with strong down trend. Will enter short position off Resistance.

Adjustments:

Short: Entered short position off H2 SAR hit just below PSAR.

Result: Took + 40 pips from the market.



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Apr 11, 2017 - pg 449

Hendo

Hello Fellow Traders,

Have not seen many trade plans with entries lately, so I thought I would post mine from last night, taken again from my laptop away from my trade station at about 3:00 am my time.

Session Sydney: EUR - JPY 4/10/2017

Daily: Open above White.

ROMAR: Resistance

EMA: Resistance

Parabolic: Resistance

Notes: Four Horsemen down. Purple turning up. DB / SAR / YELLOW / BLUE / DIVERGENCE attach for the up. FIBO up.

H2

ROMAR: Resistance

EMA: Resistance

Parabolic: Resistance

Notes: Four Horsemen down. DB down, with BLUE/ DIVERGENCE attached. Trend EMA arrow down. MACD zero cross arrow down. FIBO up.

H1

ROMAR: Resistance

EMA: Resistance

Parabolic: Resistance

Notes: Four Horsemen down. MACD zero cross arrow down. MA crossover arrow down. Trend EMA arrow down. FIBO down.

FINAL NOTES: H1, H2, Daily in sync with down trend. Will enter short position off H2 resistance. Looking for SAR hit down to reenter down trend.

Adjustment:

Short: Entered short position off H2 SAR hit below PSAR. Set TP +40 SL 40.

Result: Took +40 pips from the market.



Apr 18, 2017 - pg 450

Hendo

Hello Traders,

I woke up at 1:00am to check my H2 chart on my lap top and entered a trade. I'm sure the FIBOS's are not correct because of the resolution. Missed all the excitement as, I went back to sleep after I entered my position. Here is my plan with screen shot.

Session: Sydney EUR - JPY 4 / 17 /2017

Daily: Open above Smooth

ROMAR: Resistance

EMA: Resistance

Parabolic: Resistance

Notes: Four Horsemen down. DB / SAR / down, BLUE / YELLOW / DIVERGENCE attached for the up. SAR attach, in between Smooth and EMA. FIBO up.

H2

ROMAR: Resistance

EMA: Support

Parabolic: Support

Notes. Four Horsemen up. Purple in slider with White. DB up with DIVERGENCE attached. FIBO down.

H1

ROMAR: Support

EMA: Support

Parabolic: Support

Notes: Purple in slider below White and Smooth down, EMA holding support. FIBO down.

Final Notes: H1, H2, in synch with up trend. Daily down. In consolidation. Will enter long position off H2 support.

Adjustments: SAR attach at H2 EMA for the up.

Long: Entered long position off H2 SAR hit at EMA. Set TP +40 SL 40.

