

Trade #	B/S	Entry Date	Entry Time*	Entry Price	S/L	Stop in Pips	Scaled Out	Exit Date	Exit Time*	Exit Price	Pips		Net Pips for Trade*	Notes on Trade
1	S	2/5/2006	16:00	142.50	143.23	73				142.50	0		0	TL break @ 142.93, MACD cross 0 line, 21 way above 89 (at 141.25). Candle close at 20:00 2/5/06 C=142.36 H= 142.68, Move S/L to 142.80. Candle close 2/6/06 0:00 -- TC still down C= 142.36 H= 142.44 Move S/L above recent Inside Top (IT) 142.50 (BE). Because Trade was countertrend, should have taken partial profit at 142.36. Good thing stop was moved to BE.
2	S	2/6/2006	20:00	141.92	142.59	67							71	Downward TC w/bounce from 21
							0.8	2/7/2006	0:00	141.38	54			89 Hit C= 141.38, move s/l on remaining to 141.92 (BE) on close of next candle after entry.
					Move S/L to BE		0.2	2/7/2006		141.75	17			2/7/06 04:00 candle C= 141.06, TC on MACD still down -- Target 365? Move s/l to 141.75. Next 4 candles bounced up and down, MACD flat. Stopped out at 141.75 candle bounced back to 89. Trade lasted approximately 24 hours.
3		2/8/2006	20:00	142.06	141.22	84							47	Downtrend line broken and price closed above -- from 2/2/06 16:00 Candle through tops of candles 2/5/06; Bullish candle with small 0 line cross C= 142.06. Target IT: 142.25 Target 2: 142.61 Target 3: 142.97 (Had I noticed, long should have been initiated 2/8 04:00 candle b/c if Inside Bottom (IB) bounce at 89 = 141.68...But I went long at 142.22Next candle C= 142.12; 2/9/06 04:00 candle Bearish w/89 touch C=141.94. Trade not looking good, broke back under TL and looks like 0 line coming
							0.8	2/9/2006	8:00	141.69	38			I was Wrong! TC 2/9 08:00 Candle C= 141.69 Take .8 off table at close and move stop on remaining .2 to 142.15

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	B				Stop moved 2ce to lock profit		0.2	2/9/2006	16:00	142.15	9		2/9/06 12:00 Candle C = 142.44 Move stop to 142.15 on remaining lots. Stop hit during next 4 hour candle (note: price moved back to 89, which was also a rejection of previous IT) Trade Duration: aprox. 20 Hours
4	S	2/9/2006	16:00	141.92	142.70	78							Target = 200 @ 140.36. Bearish Engulfing Candle. 20:00 Candle C= 140.79 Move stop to 141.49
							0.8	2/9/2006	20:00	140.79	113		
					stop moved during trade mgmt		0.2	2/10/2006	8:00	140.36	156	269	2/10/06 0:00 -- still have MACD down C= 140.63 -- Move S/L to 141.20 -- 2/10/06 04:00-- Lower Low and Lower High -- 200 & 365 hit, TC still down. Move S/L to 140.36 (protect profit and give chance to move down more). Stopped out during 08:00 candle Trade Duration: 20 Hours
5	B												Next candle after the 08:00 on 2/10 Harami w/open and close between 200 & 365. MACD RB forming????
				140.26	139.72	54							Speculative long -- not confirming w/1 hour-b/c not testing that) (would like it to be at 140.08 -- rejection of previous IT high on 1/17/06 @ 16:00). Note break in aggressive TL. Plan: Long at 140.26 Stop below recent low - spread - fudge factor. Target = between 8 & 21 @ 141.00
							0.5	2/13/2006	0:00	140.41	15	15	3 candles RB forming 2/12/06 -- C=140.24. Be careful -- next candle is star at previous IT level C= 140.28 2/12/06 @ 20:00. 2/13/06 0:00 C = 140.41 MACD still good -- hit between 21 & 8, but level had moved to 140.77. Close .5 at 140.41 move s/l to BE on remainder.
					Moved to BE		0.5	2/13/2006	4:00	140.26	0		New stop hit on next candle at 04:00 on 2/13/06

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6	S	2/13/2006	16:00	139.99	140.69	70							73	Trade opened on 2/13/06 -- sold pin bar low w/TC on MACD -- nice confirmation. Stop above 200 @ 140.59 + spread + fudge factor Target = double high = 139.71 & IT low = 139.54. 20:00 candle move s/l to 140.24 and take .5 @ 139.54 MACD still has TC
							0.5	2/13/2006	20:00	139.54	45			
					Moved S/L through trade mgmt.		0.5	2/14/2006	8:00	139.71	28			(higher low and Higher H, Highe = 8 EMA, MACD Flat. Move remaining lots s/l to BE. Next candle: 2/14 @ 04:00 C= 139.41, move s/l to 139.71 (candle H). Stopped out on 08:00 candle. Trade duration: aprox. 16 hours
7	B	2/14/2006	8:00	139.86	139.15	71							28	(speculative) Close above aggressive TL. MACD turn -- contra trade -- double top from 1/16/06 12:00 & 16:00 and 1/19/06 0:00 & 04:00 candles (bounce) below 89 -- selling mood -- so countertrade is long. Long at 139.86 stop: 139.15 Target 140.45 and 140.69, BE @ 140.25. Bullish Engulfing candle.
							0.5	2/15/2006	12:00	140.14	28			Next candle C: 140.14 H:140.22 Close .5 at 140.14 move s/l to 139.53 on rest
					moved S/L to BE		0.5	2/15/2006		139.86	0			Next candle hits 365 & 21 C= 140.27 H= 140.35, move s/l 2/14/06 16:00 candle to BE. Stopped on 2/15/06
8	B	2/16/2006	8:00	140.05	139.54	51							44	
							1	2/16/2006	16:00	140.49	44			Speculative -- Doji at 365 -- break and close above a down TL from 2/2/06 H. Long @ 140.05 Target 200 @ 140.49. Bullish engulfing w/Macd conf. On candle where trade closed. If lotsd were still open, I would trail stop, but I didn't plan that way -- and its probably good -- next candle lower H and Higher low on MACD and close at 8 EMA 140.11 -- the next candle HUGE upmove!! above 200 -- going to 365??? I'm not in anymore.....

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9	B	2/17/2006	0:00	140.83	139.74	109						110	Should wait for a retrace to 139.78 -- but indicator says to buy at candle close...want to enter in stages, but that's not how I'm testing...so buy at close of candle 2/17/06 0:00. HUGE Stop needed...in reality wouldn't take this trade r:r not good...but lets see what happens. Target 89 = 141.46
							0.8	2/17/2006	4:00	141.30	47		Next candle =2/17/06 @ 04:00 C= 141.28 H=141.30 Take .8 off table move rest to BE, MACD up,
							0.2	2/19/2006	20:00	141.46	63		next candle = 141.48, target hit 2/19/06 20:00 candle. Trade duration more than 60 hours
													Short indicated next candle after previous trade closed...lets see...short at 141.05...changed mind b/c price supported at IT of 1/24/06 -- need close below 141.05 for short. Notice Pin from previous trade... Plan to sell break below 140.96...based on pin...or buy above 141.41 w/TC (TL from 142.53 2/9/06 H). NO TRADE
10	B	2/21/2006	0:00	141.51	140.93	58						-68	Long @ 141.51 (break above insidetop of 1/25/06, bounce and close above down TL) TC on MACD @ .21 level) Target = 142.00 (move to BE @ 141.98)
													Would have closed at loss 2/21/06 16:00b/c price below down TL. Both 8 & 21 jumbled and not above 89. MACD down -- think I'm going to get stopped. Let's see...
								2/22/2006	4:00	140.93	-68		Yup, got stopped out -- didn't notice STRONG resistance at 141.51 (IB w/6 candles). Should have been looking for a short trade...Trade Duration 28 hours
		2/22/2006	8:00	141.08	141.75	67							Short on MACD cross at 0 line..trade planned w/price from previous candle and MACD signal. Entered on High of candle. Target = 140.35

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11	S						0.8	2/22/2006	12:00	140.35	73	184	Target hit on next candle, close .8 and move stop to 140.82 on remainder to protect some profit
							0.2	2/23/2006	0:00	139.97	111		This candle looks like a possible pin bar forming. Close out remaining lots. Should have moved stop to protect profit and a few more pips could have been gathered.
12	S			139.71	140.22	51						122	MACD down still, looks like RB could be forming. Pair beneath down TL and seems to meet res. from IB of 2/14/06 & IT High of 1/19/06. Should wait for break below 139.28 -- instead, will take profit there on 1/2 and move 1/2 to BE.
							0.5	2/23/2006		139.28	43		2/23/06 -- Good TC on MACD close .5 @ 139.28
													2/24/06 20:00 (higher low on candle) small star -- MACD still down, move s/l to 139.43
					stop moved to 139.43		0.5	2/25/2006	4:00	138.92	79		2/25/06 0:00 RB forming; looks like morning star wil close w/close of this candle (even though I think some downward scope remains).
													Follow-up to trade...should have let it run 2/26/06 16:00 candle broke and closed beneath TL, with HUGE MACD signal for down C. Candle closed at 137.49...oh well. Next 5 candel = consolidation w/ RB Price going back to 21?
13	B	2/27/2006	16:00	138.05	137.33	72						35	sooo..w/the above trade in mind...we'll try a counter trade, looking for 21..would like to buy a retrace to 137.56(an IB top from 1/12/06) and wonder if I could have caught this bonce earlier w/a smaller time frame...not testing that way..so I just take the trade. Target 1 = 138.40 (1/2 way between 8 and 21) will take .5 profit and move to BE...plan to take another .3 at 138.76 and let .2 run
							0.5	2/28/2006	16:00	138.40	35		Took half and moved to BE
							0.5	2/28/2006	20:00	138.05	0		After getting stopped the next candle has MACD cross at 0 line, price closes at 138.64...got stopped out by 5 pips...entry of trade was good, but maybe moved s/l to soon? No...it was counter...good mgmt...even if 59 pips were left behind. Trade Duration: 28 Hours

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Notes: * Trades entered at close of the candle indicated for entry time and exit time
IB = Inside Bottom
IT= Inside Top
IB & IT are also known loosely as Nesting Dolls and roundy's or mounds in forum
TL = Trendline
Aggressive TL = short term line after run-up or run-down
RB= Round Bottom on MACD
TC = Trend Continuation on MACD