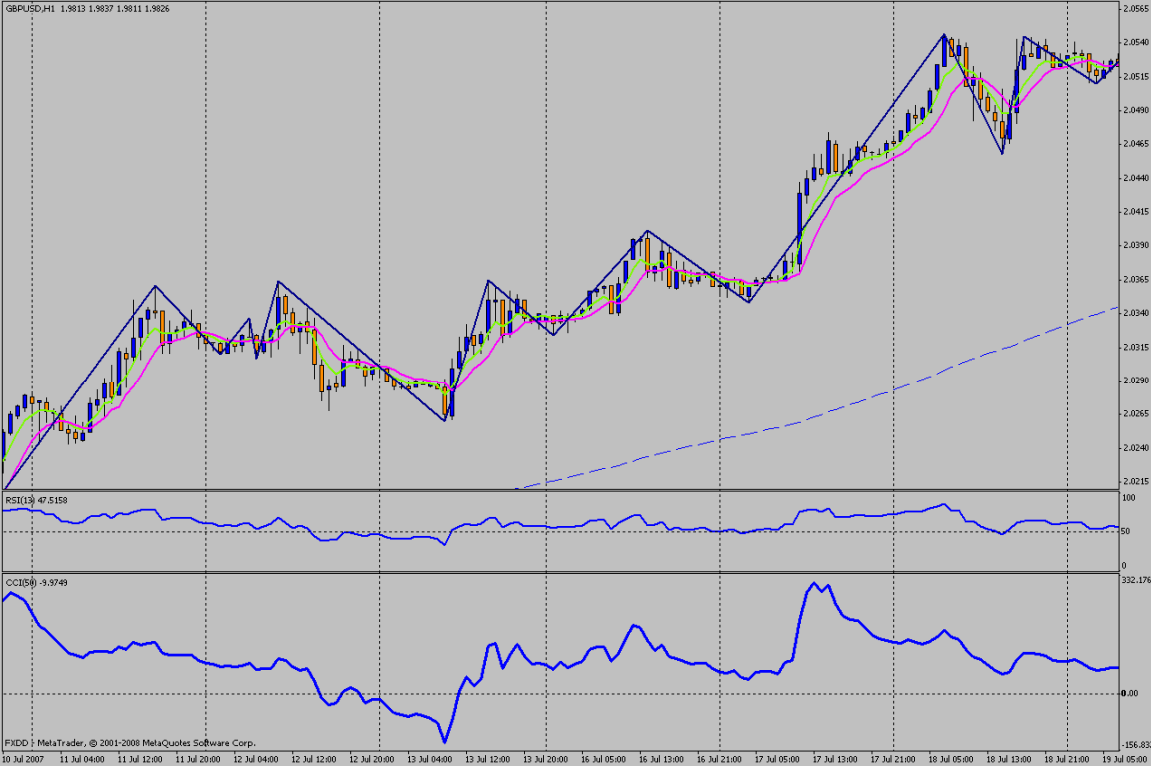


Key To The Mint As Easy As 1,2,3 With  
Support & Resistance  
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Edited by Haroldfx

A. Chart Set Up

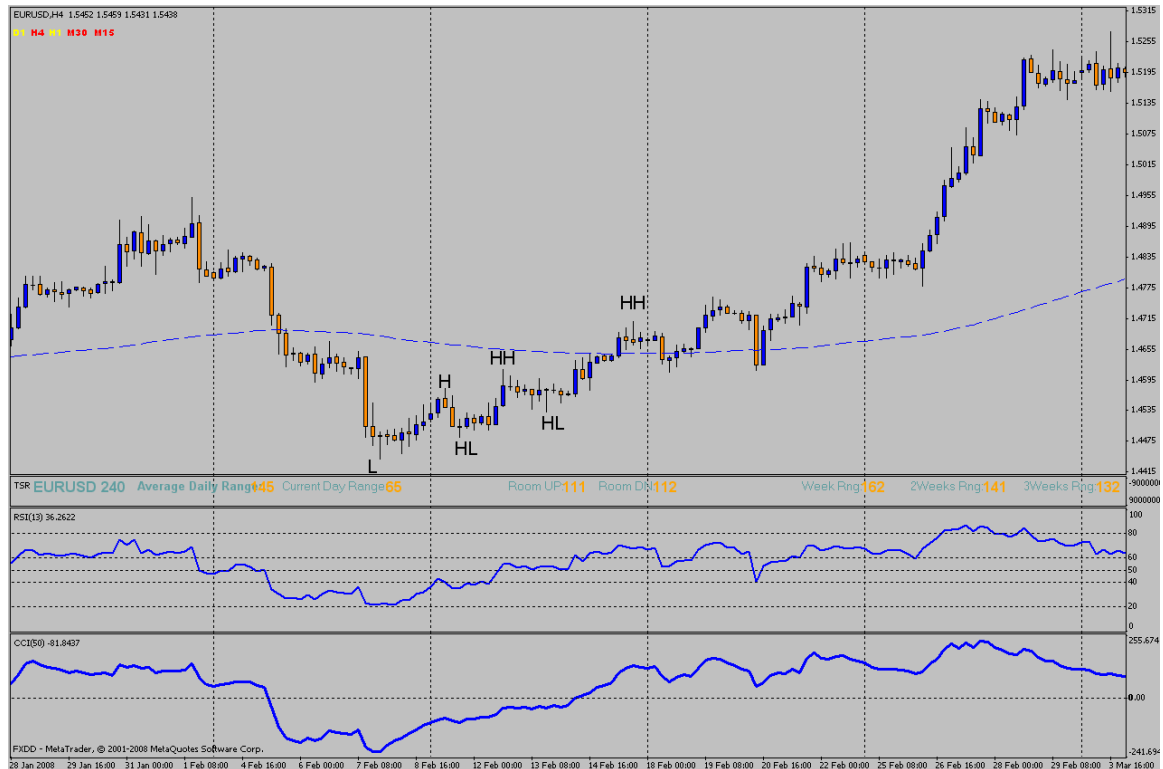
1. Any MT4 trading platform such as Interbank, Alpari, FXDD or North Finance.
2. EMA with settings of 5 period, apply to close.
3. EMA with settings of 8 period, apply to open.
4. RSI with settings of 13 period, levels of 50.
5. CCI with settings of 50 period, levels of 0.
6. Zig Zag indicator with settings of Extdepth 6, Extdeviation 3 and Extbackstep 3.
7. Barry Support and Resistance indicator.
8. Apply all indicators to 15M and Daily charts.
9. Optional Indicators but not required; Mint Signal applied to 15M and Daily charts, StochDiNapoli with settings 5,3,3 applied to 15M chart, 200 EMA, close apply to 15M chart.

Your chart should look like this:



## B. How To Define A Trend

1. An Up trend is a low, high, higher low and higher high. You need at least 4 points to define a trend.



2. A Down trend is a high, low, lower high and lower low.  
Again, you need 4 points to define a trend.

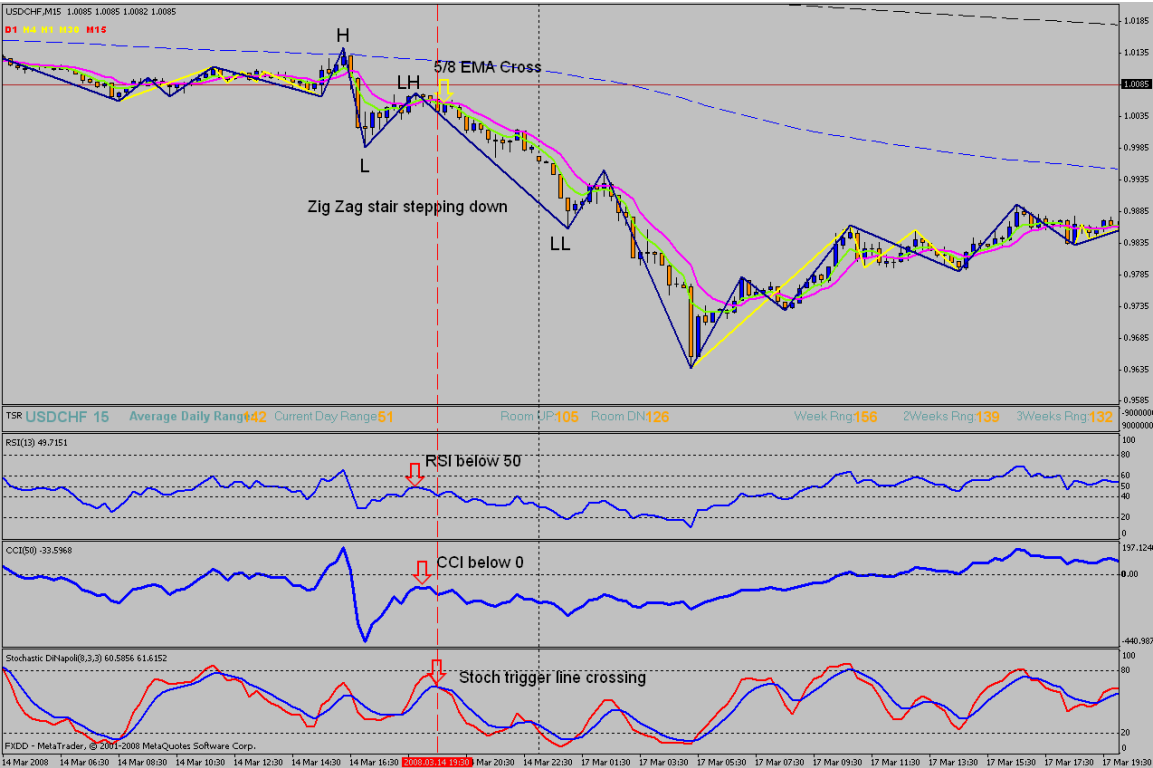


3. Each time frame has its own trend. Some times the trends agree with each other from time frame to time frame and some times they don't agree. Our goal is to trade the 15M time frame in the same direction as the Daily time frame. Keep in mind the trend on a higher time frame will always take priority over the trend on a smaller time frame. That is why we only take trades in the direction of the Daily chart. Trading with the trend direction on the Daily time frame increases the probability of having a positive trade.

### C. Other Tools To Help Define The Trend

1. 5/8 EMA cross – if the 5 crosses above the 8 and is pointing in the up direction you have an up trend. If the 5 crosses below the 8 you have a down trend. If the 5 crosses the 8 every few candles you are in a consolidation period with side ways price movement within a small range. This tends to happen after large price movements or during the Asian session.
2. Zig Zag – if the zig zag indicator is stair stepping up chances are you have an up trend. If it is stair stepping down chances are you have a down trend.
3. RSI – when the RSI indicator is above the 50 line it is in an up trend. When the RSI indicator is below the 50 line the trend is down.
4. CCI – when the CCI indicator is above the 0 line the trend is up. When the CCI indicator is below the 0 line the trend is down.
5. In general, these guide lines apply to any time frame.
6. Notice in this picture all of the indicators are lined up indicating a down trend.

# Chart Displaying “Other Trend Tools”



## C. When Does A Trend Change

1. An up trend changes to a down trend when you have a H followed by a L, LH and LL. Just reverse the sequence for an up trend change, L followed by a H, LH and HH.

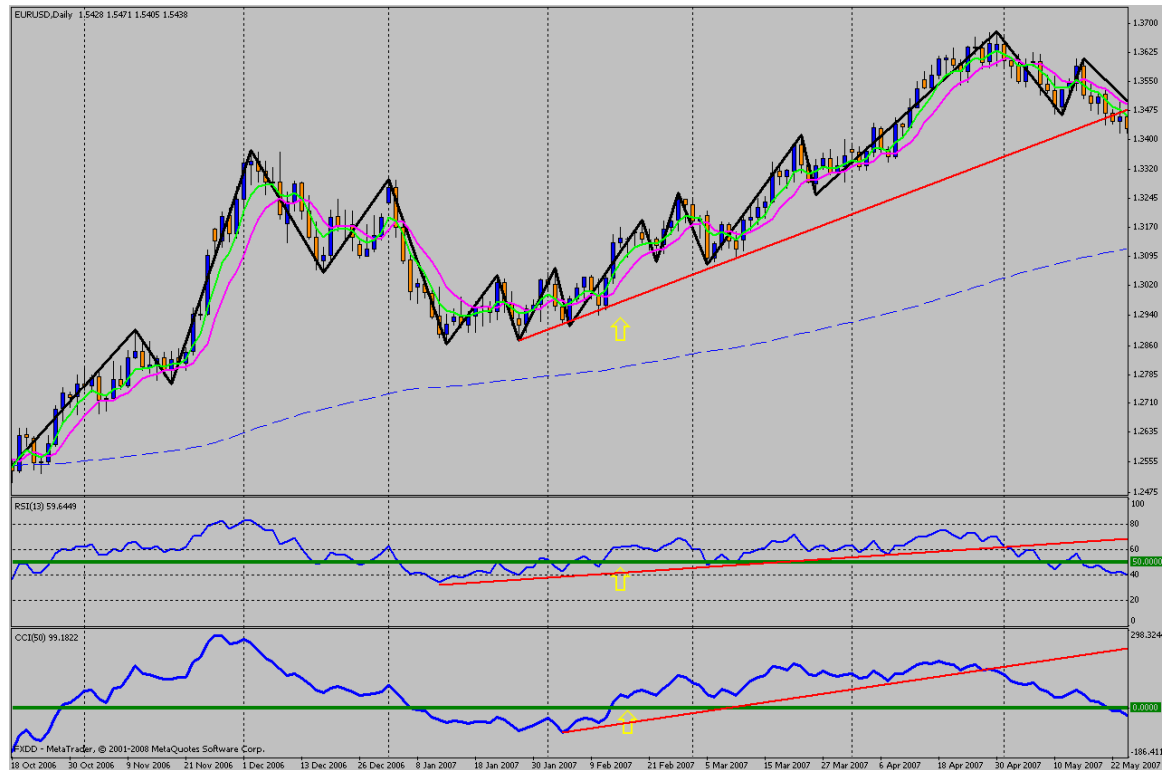


## D. 1,2,3 Trade Set Up

1. The core of this methodology is the 123 set up. Price action moves in waves or zig zags. Even though this concept seems simple enough what I have found is that for most inexperienced traders it can be a difficult thing to identify these waves and in which direction they are moving on the charts.

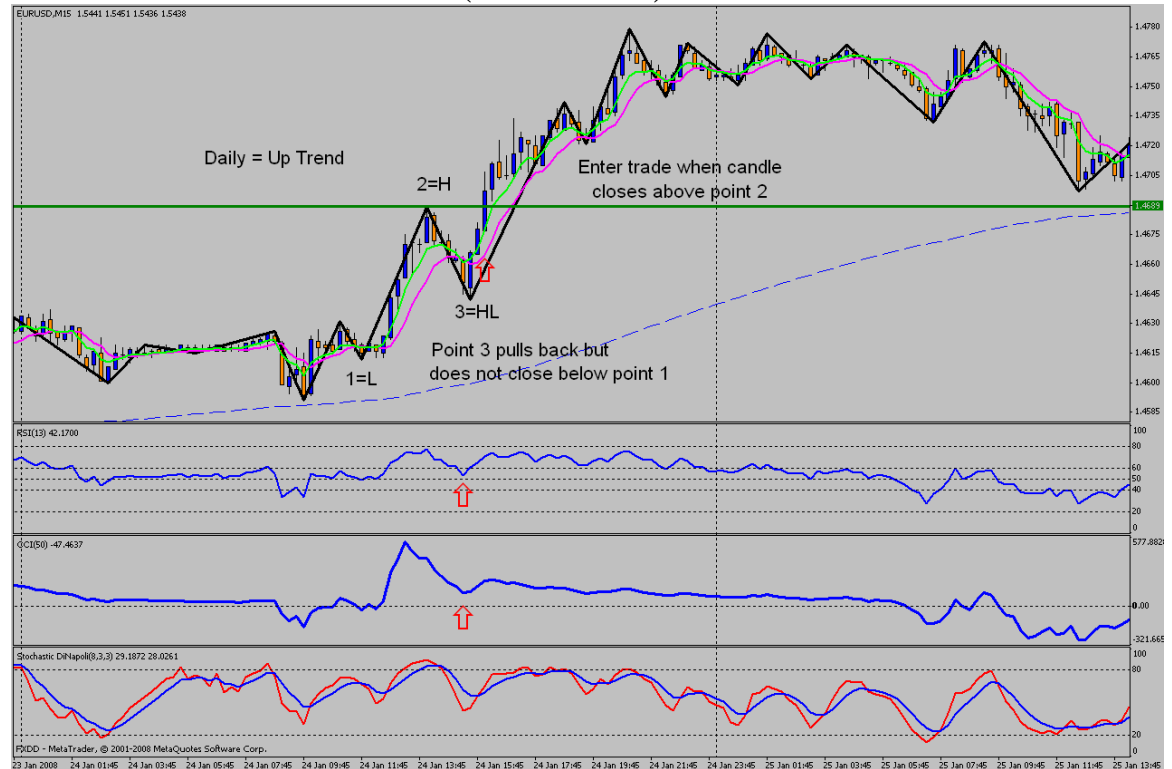
2. This concept gets even more confusing when you start to look at different time frames and realize that from time frame to time frame the waves don't always go in the same direction. In order to simplify the trading process and increase the probability of a positive trade we use only 2 time frames, the 15M for trade entries and exits and the Daily to determine trend direction.
3. The easiest way to determine the trend direction on the Daily chart is by eye balling the candles and using the RSI and CCI. After you condense your chart a few clicks if the candles are moving from the left bottom corner of the screen to top right corner of the screen then you have an up trend. If the candles are moving from the top left corner of the screen to the bottom right corner of the screen then you have a down trend. We use 3 things to confirm the Daily trend direction, 5/8 EMA cross, RSI and CCI. When the 5 EMA crosses the 8 EMA to the up side we have an up trend. When the 5 EMA crosses the 8 EMA to the down side we have a down trend. To confirm this movement look at the RSI and if the RSI is above the 50 line then it's in an up trend. If the RSI is below the 50 line then it's in a down trend. If you need more confirmation look at the CCI indicator. If the CCI is above zero (0) line then you have an up trend. If the CCI is below zero (0) line then you have a down trend.



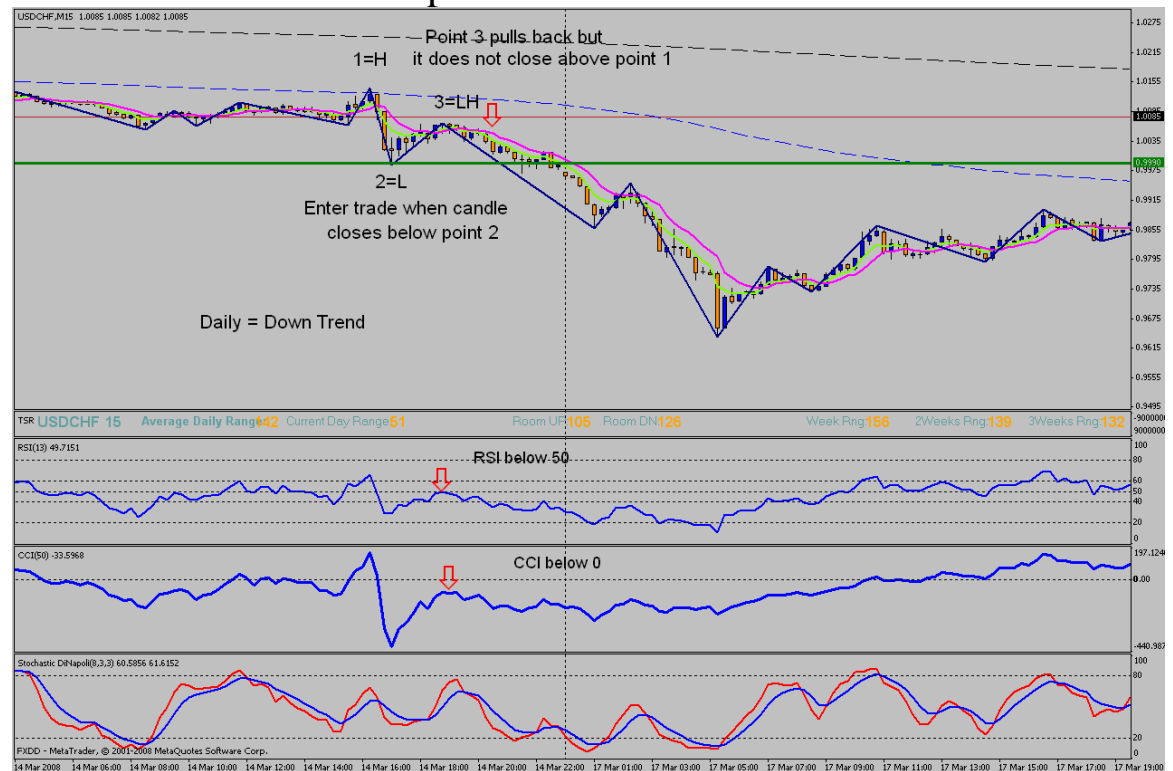


4. The easiest way to explain the 123 set up is to take a look at how we apply the set up to a trade.
5. If you recall our definition of an up trend, L, H, LH, HH. Now if we apply this same principle to the 123 set up, you have 1= L, 2 = H, 3=LH. With the help of the zig zag indicator the 123 set ups become much easier to identify (use the zig zag indicator as a visual guide only). There will be some legitimate price swings the zig zag indicator doesn't pick up and you will miss the trading opportunity if you rely on only looking at the zig zag indicator.
6. Point 3 is considered a pullback or correction in price action. As long as point 3 does not close below point 1 we have a valid 123 set up for a long trade.

7. When price action goes up and a candle closes above point 2 (green line) we enter a long position provided the 5/8 EMA cross has happened and the indicators are in the correct direction (red arrows).



## 8. 123 Short trade example.



## E. Support & Resistance – The Key To The Mint

1. Support and Resistance is an area on the chart where price action either stalls and consolidates or turns in the opposite direction. I use the term “area” because support and resistance is not a single line on a chart. For practical purposes we use a horizontal line on a chart to represent support and resistance but in fact it is an area or price range. The problem with support and resistance lines is that it can be very subjective process to identify them on your chart.
2. Take a look at this example and you’ll see the support and resistance area in the pink box.



3. In order to make the task of identifying support and resistance lines bit easier I use the Barry Support and Resistance indicator on my chart. This indicator is contained in the zip file on with this post.
4. With the Barry S&R indicator on a 15M chart look for support and resistance lines that line up and are close to the current price action. As you look for these S&R lines notice if there are any 123 set ups in the area of the S&R lines. Take a look at this recent 123 trade set up and notice how many times the green S&R line is tested (red arrows).



5. The more times the S&R line is tested the stronger the support and resistance is in that area.
6. Although Support and Resistance will work on any time frame that you wish to trade we have limited our discussion to the 15M time frame since that is the time frame we trade from. I suggest you study the 123 set ups with S&R on the 15M charts and practice, practice, practice.