

X-Man's

The 4H swing trade method

Time frame - 4H

Pairs- Any pair you feel like trading (look for pairs that are trending)

Times- Any time of the day

Indicators - TDI with the blue bands, Synergy bars , SHI Channel , 4 EMA shift 0 , 60 EMA shift 0.

Method is as follows:

Shorts:

- When Price is under the 60 EMA then we are in a downtrend so we sell the tops

- That is when the 4 EMA start to touch the 60 EMA and price touches the top of the SHI channel.

*- **TDI** you will see a breakthrough on the blue bands.*

*- **TDI** when the Green line touches or breaks through the top blue bands then you wait for a downward cross over to enter long.*

I posted charts as an example

Longs:

- When Price is above the 60 EMA then we are in a uptrend so we buy the bottoms

- That is when the 4 EMA start to touch the 60 EMA and price touches the bottom of the SHI channel.

*- **TDI** when the Green line touches or breaks through the bottom blue bands then you wait for an upward cross over to enter long.*

Your SL will be at the high in the downtrend or low swing in the uptrend

your TP will be at the bottom of the channel in a downtrend and at the top of the channel in an uptrend or it can be equal to your SL or double or triple your SL

- With the uptrend you do the exact same time but the other way around.

These kinds of setups happen a few times a month.

Be sure to check where the daily PA is heading.

The daily PA should be heading in the same direction as your trade.

