

### Quoting dvarrin

Thank you for your answer pres78. If I had remembered that weakness appears in upbars and strength in downbars I would have simply ignored those two bars ;-)

But in the middle of the action, my mind was confused. I'm always looking a breasout below a trading range as the reverse signal of an effort to rise, a bit like an effort to fall an then, because of the upbar I was thinking it failed to go down and I was expecting higher prices.

I think it was simply a failed test and I had to look for no demand. I keep on doing that mistake again and again...

Just remember not all upbars contain weakness... identify the ones that stand out because of spread or volume... same with downbars. Then watch for VSA basic set-ups, ND, NS, tests into these bars H/L or close levels for safe, low risk trades.

That high volume upbar was just a post news SO in reverse. If you see something odd... don't jump in with the rest of the herd... wait for the right set-ups in the odd bars zone... this may keep you out of some trades that work out but it will also keep you out of bad trades by getting sucked in by SM price manipulation.