

Quoting Trappist

{quote} My specific question is , are the bars "testing demand" or "testing supply " on Eu chart ?

Testing supply. Those tests were testing for supply in the wide spread up bar in London. EU was still bullish from the buying that occurred on Nov 20th.

Quoting Trappist

{quote} i have another general question; -when price tries to break up through a resistance line, price is testing resistance -when price tries to break down through support line, price is testing support .

No, before price makes a push up and through resistance, it should test the support level below the resistance area. Once the market determines there are no sellers at support then it will make a run to push through resistance.

Quoting Trappist

{quote}Is "testing support" same action as "testing supply" ? Is "testing resistance" same action as "testing demand" ?

Testing support is the same as testing for supply.  
Testing resistance is testing for demand.

Try not to make testing harder than it needs to be, focus on finding strength/weakness. Focus on the bars that have the wide spreads, ultra high volumes and watch how price reacts to the High/Close for bars with strength, and how price reacts to the Close/Low on the bars with weakness.

Attached Image (click to enlarge)

