

Market Cycle in a normal Trading day (NY Time):

5:00pm ~ 8:00pm	Ranged Market
8:00pm ~ 9:00pm	Market Reversal
9:00pm ~ 12:00am	Ranged Market
12:00am ~ 2:00am	Market Reversal
2:00am ~ 3:15am	Market Reversal / Possible Ranged
3:15am ~ 4:00am	Market Trend Establish
4:00am ~ 5:00am	Market Trend Continuation
5:00am ~ 7:00am	Market Trend Breakout
7:00am ~ 8:15am	Market Reversal
8:15am ~ 9:00am	Market Trend Establish
9:00am ~ 9:30am	Market Reversal
9:30am ~ 11:00am	Market Trend Establish and Continuation
11:00am ~ 12:30pm	Market Reversal
12:30pm ~ 5:00pm	Market Ranged Continuation

Market Cycle

