

The heavy metal payback newsstrategy

Introduction

First step you identify news sources that might help you.

Newspapers, such as the Financial Times, or easy on Forexfactory this is a good place to start if you want to know when announcements are expected and how they might move price

After this

You should plan your daily trading in advance.

Make a note of what news announcements are expected that week and decide which ones will be most important for the assets you trade. Use this information to plan on which days and times you will trade. Then you plan each trading day according to the news that will be released.

The Rules: (I testet this with an 1000 EUR and an 100 000 USD account see below)

1. Take only one Position about 5 min before the announcement
2. The SL should be on the low or high at the last 2 hours. And > 10 Pips
3. The TP should be min twice the SL
4. Move SL to BE +1 Pips after you´re 10 Pips in profit (befor or after news release)

See Chart



The only big problem = Slippage on SL

The Result = Many STP Broker who offer microlots ;)

Ticket	Open Time	Type	Size	Item	Price	S / L	T / P	Close Time	Price	Commission	Taxes	Swap	Profit
2669419	2013.07.15 14:29	sell	0.26	eurusd	1.30096	<u>1.30200</u>	0.00000	2013.07.15 14:29	<u>1.30200</u>	0.00	0.00	0.00	-20.77
2674638	2013.07.16 10:59	buy	0.26	eurusd	1.30744	<u>1.30620</u>	0.00000	2013.07.16 11:00	<u>1.30620</u>	0.00	0.00	0.00	-24.68
2676478	2013.07.16 14:29	buy	0.25	eurusd	1.31210	0.00000	0.00000	2013.07.16 14:30	1.31088	0.00	0.00	0.00	-23.27
2681717	2013.07.17 10:29	sell	0.27	gbpusd	1.51087	<u>1.51223</u>	0.00000	2013.07.17 10:29	<u>1.51223</u>	0.00	0.00	0.00	-27.91
2684041	2013.07.17 14:29	buy	0.25	eurusd	1.31326	1.31325	0.00000	2013.07.17 14:32	1.31549	0.00	0.00	0.00	42.38
2685254	2013.07.17 15:59	buy	0.25	eurusd	1.31435	1.31435	0.00000	2013.07.17 16:01	1.31435	0.00	0.00	0.00	0.00
2692645	2013.07.18 10:29	buy	0.25	gbpusd	1.51735	1.51735	0.00000	2013.07.18 10:33	1.52031	0.00	0.00	0.00	56.44
2694293	2013.07.18 14:29	sell	0.26	eurusd	1.30899	1.30880	0.00000	2013.07.18 14:31	1.30880	0.00	0.00	0.00	3.77
2695508	2013.07.18 15:59	sell	0.26	eurusd	1.30873	1.30860	0.00000	2013.07.18 16:05	1.30832	0.00	0.00	0.00	8.15
2708631	2013.07.22 15:59	sell	0.26	eurusd	1.31953	1.32070	0.00000	2013.07.22 16:00	1.32070	0.00	0.00	0.00	-23.03
2717909	2013.07.24 08:57	buy	0.26	eurusd	1.32041	1.32045	0.00000	2013.07.24 08:59	1.32145	0.00	0.00	0.00	20.46
2718409	2013.07.24 09:27	sell	0.26	eurusd	1.32126	1.32240	0.00000	2013.07.24 09:27	1.32240	0.00	0.00	0.00	-22.41
2722280	2013.07.24 15:59	buy	0.26	eurusd	1.32272	1.32170	0.00000	2013.07.24 16:00	1.32170	0.00	0.00	0.00	-20.07
2725661	2013.07.25 09:59	sell	0.25	eurusd	1.32250	1.32350	0.00000	2013.07.25 10:00	1.32350	0.00	0.00	0.00	-18.89
2725949	2013.07.25 10:29	sell	0.26	gbpusd	1.53716	1.53700	0.00000	2013.07.25 10:33	1.53383	0.00	0.00	0.00	65.62
2727961	2013.07.25 14:29	sell	0.26	eurusd	1.32135	1.32130	0.00000	2013.07.25 14:30	1.32130	0.00	0.00	0.00	0.98
2739987	2013.07.29 15:59	sell	0.26	eurusd	1.32438	1.32470	0.00000	2013.07.29 16:01	1.32470	0.00	0.00	0.00	-6.28
2745114	2013.07.30 15:59	sell	0.26	eurusd	1.32690	1.32740	0.00000	2013.07.30 16:00	1.32740	0.00	0.00	0.00	-9.79
2750549	2013.07.31 14:14	sell	0.26	eurusd	1.32654	1.32760	0.00000	2013.07.31 14:14	1.32760	0.00	0.00	0.00	-20.76
2750810	2013.07.31 14:29	sell	0.26	eurusd	1.32518	1.32510	0.00000	2013.07.31 14:31	1.32263	0.00	0.00	0.00	50.13
2757599	2013.08.01 10:27	sell	0.26	gbpusd	1.51619	1.51730	0.00000	2013.08.01 10:27	1.51730	0.00	0.00	0.00	-21.82
2758215	2013.08.01 12:59	sell	0.26	gbpusd	1.51748	1.51740	0.00000	2013.08.01 13:00	1.51740	0.00	0.00	0.00	1.57
2758432	2013.08.01 13:44	sell	0.26	eurusd	1.32368	1.32440	0.00000	2013.08.01 13:45	1.32440	0.00	0.00	0.00	-14.13
2758718	2013.08.01 14:29	sell	0.26	eurusd	1.32329	1.32320	0.00000	2013.08.01 14:33	1.31983	0.00	0.00	0.00	68.16

2760306	2013.08.01 15:57	sell	0.26	eurusd	1.32579	1.32570	0.00000	2013.08.01 16:00	1.32314	0.00	0.00	0.00	52.07
2763524	2013.08.02 10:27	sell	0.26	gbpusd	1.51423	1.51520	0.00000	2013.08.02 10:29	1.51520	0.00	0.00	0.00	-19.07
2764350	2013.08.02 14:29	sell	0.26	eurusd	1.32013	1.32000	0.00000	2013.08.02 14:29	1.32000	0.00	0.00	0.00	2.56
2769812	2013.08.05 10:27	sell	0.25	gbpusd	1.53291	1.53280	0.00000	2013.08.05 10:27	1.53280	0.00	0.00	0.00	2.07
2771444	2013.08.05 15:57	sell	0.25	eurusd	1.32492	1.32510	0.00000	2013.08.05 15:59	1.32510	0.00	0.00	0.00	-3.40
2774340	2013.08.06 10:29	sell	0.25	gbpusd	1.53700	1.53730	0.00000	2013.08.06 10:29	1.53730	0.00	0.00	0.00	-5.66
2795913	2013.08.12 11:14	balance		220- Abgeltungssteuer Jul 13									-12.10
2796144	2013.08.12 12:26	buy	0.25	eurusd	1.32981	1.32900	0.00000	2013.08.12 12:26	1.32970	0.00	0.00	0.00	-2.07
2800034	2013.08.13 11:46	buy	0.25	eurusd	1.33103	1.33000	0.00000	2013.08.13 11:46	1.33089	0.00	0.00	0.00	-2.63
2807977	2013.08.14 18:26	sell	0.25	eurusd	1.32550	1.32650	0.00000	2013.08.14 18:27	1.32567	0.00	0.00	0.00	-3.21
2826296	2013.08.19 12:04	sell	0.25	eurusd	1.33475	1.33540	0.00000	2013.08.19 12:04	1.33500	0.00	0.00	0.00	-4.68
2826841	2013.08.19 12:25	sell	0.25	eurusd	1.33597	1.33620	0.00000	2013.08.19 12:25	1.33607	0.00	0.00	0.00	-1.87
2828291	2013.08.19 17:05	sell	0.25	eurusd	1.33474	1.33550	0.00000	2013.08.19 17:06	1.33489	0.00	0.00	0.00	-2.81
2855182	2013.08.26 14:28	sell	0.25	eurusd	1.33679	1.33780	0.00000	2013.08.26 14:29	1.33780	0.00	0.00	0.00	-18.87
2859612	2013.08.27 09:58	sell	0.25	eurusd	1.33758	1.33850	0.00000	2013.08.27 10:00	1.33850	0.00	0.00	0.00	-17.18
2863312	2013.08.27 15:58	sell	0.25	eurusd	1.33862	1.33860	0.00000	2013.08.27 16:01	1.33860	0.00	0.00	0.00	0.37
2866043	2013.08.28 07:59	buy	0.01	eurusd	1.33772	1.33780	0.00000	2013.08.28 08:13	1.33780	0.00	0.00	0.00	0.06
2885537	2013.09.02 10:26	sell	0.25	gbpusd	1.55490	1.55600	0.00000	2013.09.02 10:27	1.55600	0.00	0.00	0.00	-20.81
2889770	2013.09.03 10:26	sell	0.25	gbpusd	1.55837	1.55830	0.00000	2013.09.03 10:29	1.55830	0.00	0.00	0.00	1.33
2890934	2013.09.03 15:56	sell	0.25	eurusd	1.31678	1.31670	0.00000	2013.09.03 16:05	1.31501	0.00	0.00	0.00	33.65
2893477	2013.09.04 08:00	buy	0.01	eurusd	1.31681	1.31670	0.00000	2013.09.04 09:02	1.31670	0.00	0.00	0.00	-0.08
2894164	2013.09.04 10:27	sell	0.25	gbpusd	1.55818	1.55810	0.00000	2013.09.04 10:30	1.55810	0.00	0.00	0.00	1.51
2894959	2013.09.04 14:28	sell	0.25	eurusd	1.31719	1.31718	0.00000	2013.09.04 14:33	1.31718	0.00	0.00	0.00	0.19
2898578	2013.09.05 08:00	buy	0.01	eurusd	1.31734	1.31734	0.00000	2013.09.05 10:36	1.31918	0.00	0.00	0.00	1.39
2901110	2013.09.05 12:59	sell	0.25	gbpusd	1.56254	1.56350	0.00000	2013.09.05 13:00	1.56350	0.00	0.00	0.00	-18.16

You see on the *Abgeltungssteuer* (German tax) that this is a real account with no slippage on SL

2901500	2013.09.05 14:13	sell	0.25	eurusd	1.32020	1.32120	0.00000	2013.09.05 14:15	1.32120	0.00	0.00	0.00	-18.92
2901765	2013.09.05 14:28	sell	0.25	eurusd	1.32165	1.32160	0.00000	2013.09.05 14:33	1.32051	0.00	0.00	0.00	21.58
2903446	2013.09.05 15:57	sell	0.25	eurusd	1.31547	1.31540	0.00000	2013.09.05 16:01	1.31473	0.00	0.00	0.00	14.07
2907266	2013.09.06 10:28	sell	0.25	gbpusd	1.56016	1.56000	0.00000	2013.09.06 10:33	1.55812	0.00	0.00	0.00	38.85
2908223	2013.09.06 14:28	buy	0.25	eurusd	1.31190	1.31200	0.00000	2013.09.06 14:32	1.31632	0.00	0.00	0.00	83.95
										0.00	0.00	0.00	178.08
										Closed P/L:		178.08	

I tested this Method with 100 000 USD (second account typ. No microlots available) and it doesn't work because they don't bundle the positions.

Varengold Wertpapierhandelsbank AG

Account: [REDACTED] Name: [REDACTED] Currency: USD Leverage: 1:25 2013 November 3, 12:13

Closed Transactions:

Ticket	Open Time	Type	Size	Item	Price	S / L	T / P	Close Time	Price	Commission	Taxes	Swap	Profit
2984469	2013.10.02 11:50	balance		010- Einzahlung									100 000.00
2989127	2013.10.03 10:26	sell	5.00	gbpusd	1.61933	1.62030	0.00000	2013.10.03 10:28	1.62119	0.00	0.00	0.00	-930.00
3004881	2013.10.09 10:28	sell	2.50	gbpusd	1.60351	1.60350	0.00000	2013.10.09 10:30	1.59930	0.00	0.00	0.00	1 052.50
3007418	2013.10.09 19:58	sell	2.50	eurusd	1.35118	1.35115	0.00000	2013.10.09 20:00	1.35115	0.00	0.00	0.00	7.50
3010616	2013.10.10 12:58	sell	2.50	gbpusd	1.59450	1.59450	0.00000	2013.10.10 12:59	1.59455	0.00	0.00	0.00	-12.50
3010976	2013.10.10 14:27	sell	2.50	eurusd	1.35315	1.35415	0.00000	2013.10.10 14:30	1.35466	0.00	0.00	0.00	-377.50
3012438	2013.10.10 18:18	sell	2.50	eurusd	1.35379	1.35378	0.00000	2013.10.10 18:23	1.35378	0.00	0.00	0.00	2.50
										0.00	0.00	0.00	-257.50
										Closed P/L:		-257.50	

The result is many accounts by several brokers ;)

List of STP Brokers: (be continued)

→ [Varengold](#)